

**Utah Behavioral Health Planning and Advisory Council
Meeting Minutes**

February 29, 2016, 1:00-3:00 pm, MASOB, room 4051,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Dan Braun, Ken Rosenbaum, Lori Cerar, Nicole Fraedrich, Peggy Hostetter, William Bryant, Christina Zidow, Jacqueline Gomez, Kevin Foote, Renee Chipman, Valerie Fritz, Trevor Burt and Liane Frederick

DSAMH STAFF: LeAnne Huff, Heather Lewis, Robert Snarr and Susan Hardinger

REMOTE ATTENDANCE: Ron Bruno, telephone

1. Welcome, introductions & thank you-
LeAnne Huff welcomed all in attendance.
Ginger Phillips Co-Chair is stepping down to dedicate her time to her Peer Support responsibilities.
Those asking to be excused from today’s meeting are: Co-Chair Kimball Gardner is ill and asked to be excused, Mary Jo McMillen and Marty Kelley.
2. Review, approve and vote on the January 25, 2016 minutes plus announcements

The January 25, 2016 UBHPAC meeting minutes were reviewed. Pete Caldwell was added to the attendees. Valerie Fritz made the motion to approve them as written, Jacqueline Gomez seconded the motion and all were in favor.

Christine Zidow distributed two information flyers. She stated that Odyssey House received a SAMHSA grant to fund free medical care. To be eligible the person must make under 200% of the Federal Poverty Line, must be uninsured, must be a Utah resident for 6 months and must have a government issued ID. Call 801-428-3500 to get started.

There is free residential substance abuse treatment for those pregnant or postpartum women. To qualify: Must be pregnant or had a baby within the past 12 months, must be uninsured or without access to funding including non-Utah residents and Utah mothers with Medicaid from outside of Salt Lake County. Call 801-322-3222 to get started.

Jacqueline Gomez, Executive Director of Latino Behavioral Health Services distributed a handout and gave a presentation on. 1) What we do 2) About us 3) Current programs.

The goal of the organization is to get Latino on equal footing.

The mission is Awareness, Empowerment and Recovery.

The vision is: As a peer organization, the Latino Behavioral Health Services exists to enhance the mental health awareness and well-being of people with mental illness and substance use disorders and their care-givers and loved ones responding to cultural, socio-economic and linguistic

characteristics. Success in this mission requires a culture of collaboration, excellence, leadership, and respect in which peers are involved in every level of the LBHS structure. It is peer run. Ages 6-100 are served. Age 6-12 focus on prevention and age 13-19 focus on progression. At the meetings food and child care is provided. This is the only agency of its kind in Utah. They have no paid employees, but have 15-20 volunteers. On March 7, seven Latinos with immigration background will attend the Peer Support Training.

3. Remote attendance via monitor system

LeAnne Huff demonstrated how this system works. It is live video feed. On the screen it shows those in attendance at the main meeting in Salt Lake. Remote meetings can link up from the Local Mental Health Authorities statewide and each appear in a box at the bottom or sides of the screen so everyone can see who is in attendance.

This information will be taken to the UBHC meeting where Directors will be asked for their participation.

Lori Cerar made a motion to have Doug Thomas, Director of DSAMH send letters to all the Local Mental Health Authorities requesting their participation so that we can have more statewide participation in the UBHPAC meetings. Valerie Fritz seconded the motion. All were in favor.

4. Thank you card for Ginger Phillips

LeAnne Huff announced that Ginger Phillip's is resigning as co-chair of the UBHPAC. She will be focusing on her Peer responsibilities.

5. 2015 Division Annual Report (hard copies available)

Copies were available for distribution. The Annual Report can also be found on the Division website at dsamh.utah.gov

Lori Cerar pointed out the statistics of youth needing services and those actually receiving services on page 19.

6. Budget priorities for 2018 (2-3 priorities)

LeAnne Huff referred to the statewide plan which was on the screen (and also on the Division's website dsamh.utah.gov)

The Division's five priorities are:

- 1) Prevention
- 2) Zero Suicides
- 3) Promote Recovery
- 4) Improve Care of Children & Youth
- 5) Health system integration

Peggy Hostetter inquired as to what we are doing to accomplish these goals. Valerie Fritz replied that we are looking at needs and gaps as a council.

LeAnne Huff said that one change to the mental health Block Grant is the an increase in funding from 5% to 10% for the First Episode Psychosis Program". LeAnne and Ming Wang went to Portland to visit their First Episode Psychosis treatment team to learn about the program. In New York 90% of those receiving help from the program was employed and in school after the first

episode. They follow the kids for two years and will provide TA to groups, educate hospitals and schools.

Weber Human Services is a pilot site for two years. They are doing great with this program. They are providing amazing outreach.

With the additional funds, Davis Behavioral Health will start an FEP program. Northeastern Counseling Center and four Corners Behavioral Health participating with funds from the Utah Yes Grant.

7. Division reports/information

Robert Snarr reported that the Salt Lake county and Salt Lake City Mayors are asking the Legislature for funding for housing for the homeless; 7 million dollars one time money for three years.

The LMHA (Local Mental Health Authorities) are asking for 6.5 million dollars for Medicaid match.

The PDL (Preferred Drug List) passed but will have some amendments. This pertains to what Medicaid will pay for medication.

Nicole Fraedrich said that the Utah State Office of Rehabilitation (USOR) is currently under the Utah State Office of Education (USOE). There is a bill that would move them under the Division of Workforce Services (DWS).

LeAnne Huff will invite Cami Roundy, the new Division's Peer Support Program Manager to come speak at the next UBHPAC meeting.

LeAnne Huff said that at the next UBHPAC meeting the Salt Lake County site visit will be discussed. After SL County will be the Summit County site visit.

Here is an update by Brent Kelsey on substance treatment provider fraud issue brought before the legislature, as we talked about today in the UBHPAC meeting

Substance treatment provider fraud conversation resulted in HB 259. This bill, sponsored by re. Hutchings, enacts and amends provisions in the Utah Human Services Code related to substance abuse treatment fraud: . This Bill has passed the House (70-0) and has been sent to the Senate. It is on the First Reading Calendar.

The Bill:

- Amends provisions related to violations, penalties, and liability of human services programs;
- Requires the Office of Licensing, Department of Human Services (office), to make rules establishing: what constitutes an "outpatient treatment program";
- Creates a procedure requiring a licensee to provide an insurer the licensee's records related to any services or supplies billed to the insurer; and a protocol for the office to investigate and process complaints about licensees; directs the office to electronically post notices of agency action on the office's website; and
- Directs the Division of Substance Abuse and Mental Health, Department of Human Services, to make rules to develop minimum standards for licensed public and private providers of substance abuse and mental health programs.

The Bill will likely be heard in a Senate Standing Committee this week. Status updates can be found at: <http://le.utah.gov/~2016/bills/static/HB0259.html>

8. Member input/open discussion

Mary Jo McMillen sent an email to LeAnne Huff on the USAAV legislative report. LeAnne sent the report to UBHPAC committee members after the meeting.

Announcements & Other Discussion:

Jacqueline Gomez asked for volunteer resources for a 14 year old deaf youth who needs a translator. She was given the contact name of Marilyn Call at Sanderson Deaf Center.

The NAMI/USARA Rally is March 1st at the State Capitol.

Next Meeting: March 28, 2016 at 1 pm

Thank you for your support of the UBHPAC!

Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.